

The COG

Weekly Event Notice for 10th August 2026

Rotary Club of Heidelberg

A Banyule volunteer community service group.

We get together a few times each month, for coffee or a light lunch.

Our focus is those less fortunate in our community as well as raising funds to aid relief for devastations such as bushfires and floods. We are a part of Rotary International a worldwide network of more than 1.2 million people who tackle persistent problems in communities, while building friendships and meaningful connections.



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

Rotary Club of Heidelberg, Australia www.rotaryheidelberg.org
P.O. Box 129 Rosanna VIC 3084 – Club No. 18278 ABN 91 870 845 490

LAST WEEK: RSL on Bell – Susie Cole from RIMERN
NEXT WEEK: Coffee Catch Up at The Sycamore Tree

Zoom-Zoom – Rotary Heidelberg Invites Members and Friends to join our luncheon meetings via Zoom. Luncheon meetings are held twice a month commencing at 1.00PM. Zoom connection details are listed below the Program Box towards the end of this publication.

RIMERN.

This organization
provides people in
need...

Bek Herron Update:
A donation has been
made.....

District Changes

Voting will be done as
of August 29th.....

Visit to The Stokes Collection

816 Mount Macedon Rd,
Mount Macedon VIC 3441

Monday 31st of August

Group tour - \$35 per person

Fellowship Dinner This Sunday !!

Date: Sunday 9th of August

Time: 6.00pm

Location: Hanami Izakaya Japanese
restaurant

113 High Street, Northcote (byo)

PRESIDENTS POST

RIMERN - Rotary Inner Melbourne Emergency Relief Network

We would like to thank Susie Cole for coming by on Monday the 3rd of August for an informative background on RIMERN. This organization provides people in need with home goods, furniture, large and small appliances, bedding... everything you need to make a house a home. It was a lovely meeting, and Susie is an inspirational speaker. She is really passionate about helping people and is very motivated to have our club join the RIMERN family.



Susie Cole and President Allison

Winners are Grinners – Again!!

RIMERN is a collaboration of 22 inner Melbourne Rotary Clubs from Districts 9800 and 9890, an active 'hands on volunteering' community service and environment project that resonates with new members and old. Member Rotary Clubs annual financial commitment is \$1,000 p.a. over 3 years, provide two representatives on the Management Committee and organise volunteers from both within their Clubs and their wider communities to help with the varied tasks needed to operate the service.

Several member Clubs have generated new members from the ranks of RIMERN's non-Rotarian volunteers, and everyone who has helped at the warehouse has always offered to return, as the work is worthwhile and the company friendly and fun.

RIMERN operates Tuesdays, Wednesdays, Thursdays and Saturdays, from **10am until 3pm on weekdays** and 10.30 until 1.30 on Saturdays.

Address: 32-34 Lincoln Street, East Brunswick, VIC 3057 (corner of Moreland Road).

I have heard parking is a little challenging so please consider carpooling or taking public transport when volunteering.

For our club to join, we would commit to having 4-5 people one Monday each month (either the 2nd or 4th Monday of each month). **We will have a vote on which Monday works best at the Coffee Catch up at the Sycamore Tree.**

Each member would need to do an online Zoom training meeting. Case Manager Induction training is held fortnightly on Wednesdays, 2-3pm via zoom, always the same registration link. Please share it with any members who may wish to sponsor a client for support. You are invited to the RIMERN Case Manager Induction - Aug 19, 2026 02:00 PM

Register in advance for this meeting:

https://us06web.zoom.us/meeting/register/tZUqfuqhrjliEtdVt6BoH4tqa1Z3yW_BpmVD

After registering, you will receive a confirmation email containing information about joining the meeting.

There is a volunteer handbook which will be emailed to each member. Some copies will be available for the coffee catch-up on Monday 10th of August.

If we proceed, please make sure to SIGN PAGE 27 and take it when you first attend the warehouse.

Fellowship Dinner This Sunday 9th August

Time: 6.00pm

Location: Hanami Izakaya Japanese restaurant

113 High Street, Northcote (byo)

If you would like to join us, please ring Ola on 0433 630 828. The booking is under my name (Tony Bowlen). Please also let me know by text on 0425 736 578 – Tony.

Bek Herron Update: A donation has been made by The Rotary Club of Heidelberg to her project *Fragments of Service: The Stories Within*. We have introduced Bek to some other district clubs, so she can make more presentations and hopefully get more donations to further fund her efforts. We wish her the best and we look forward to seeing her final art piece upon completion.

District Changes: Voting will be done as of August 29th.

Clubs are entitled to one vote per 25 members as at 1st July 2026.

A copy of the proposal together with the attached the FAQ documents and Re-Districting map appears below.

"Following the June 2026 Rotary International Board meeting, where the in-principle decision was made to modify the 19 current districts to the planned 9 districts, District 9790 proposes to redistrict with District 9780 and District 9800 with the district boundary of the SA border to the west, the district boundary of 9790 to the north, the district boundary of 9790 and 9800 to the east, and the district boundary of 9800 and 9780 to the south, as of 1 July 2028. After reviewing the proposal and FAQ documents, does your club agree to the proposed district plan for the new District 9795?"

Reference number	District / Area	Members	Clubs	Current Districts
1	Western Australia	1,652	75	9423
2	South Australia, Northern Territory, Timor-Leste	1,932	93	9510, 9560, 9780
3	Queensland, Papua New Guinea, Nauru, Solomon Islands	2,686	116	9560, 9620, 9640
4	New South Wales North	4,078	163	9640, 9660, 9685
5	New South Wales South	3,718	191	9675, 9705, 9790
6	Victoria West, Victoria North	3,538	166	9780, 9790, 9800
7	Victoria, Tasmania	2,621	117	9815, 9830
8	New Zealand North Island, American Samoa, Cook Islands, Fiji, French Polynesia, Kiribati, New Caledonia, Niue, Norfolk Island, Samoa, Tokelau, Tonga, Tuvalu, Vanuatu, Wallis and Futuna	2,759	123	9910, 9920, 9930
9	New Zealand South	2,512	89	9940, 9999
	Total South Pacific Zone	25,496	1,133	19

Proposed Visit to The Stokes Collection in Mount Macedon

816 Mount Macedon Rd, Mount Macedon VIC 3441

Monday 31st of August, 2026

Group tour - \$35 per person

Laurie will have a sign-up sheet for the Coffee Meet Up on Monday.

The website is:

<https://thestokescollection.com.au>

RYLA - November 22-28 We are still looking for young people between the ages of 18-30 for the RYLA Program. Please let me or someone on the board know if anyone you know might be interested.

The Rotary Club of Preston plan to have **Dr Peter Ewer** from the Friends of Merri Creek present on the evening of **16th Sept** to talk about the hopes for the Wallan Wallan parklands/wetlands preservation. An issue for the upper Merri which is slated for urban development with environmental concerns to be considered. Please let me know if anyone is interested at or before the Coffee Meet Up on Monday at the Sycamore Tree. (aelena0309@gmail.com or via text 0402 154 531)

Our Next Board Meeting:

The next Board meeting has been moved to Monday August 17th at 2:15 directly after our regular lunch time meeting at the RSL on Bell Street. Members are welcome to join the meeting and participate (as always).

Olivia Newton John Walk for Wellness – Sunday October 4th

Location: Alexandra Gardens, Melbourne or virtually anywhere in the world.

Date: Sunday, 4th October, 2026

Time: Village Opens – 8:00am

9:00am – 2km

If interested: Aelena0309@gmail.com or text to 0402 154 531.

END POLIO RELAY - October of this year, the Rotary Club of Heidelberg will be asked to participate in the End Polio Relay with other clubs in our cluster. Hopefully, Polio will be the second infectious disease that humans have been able to eradicate. We are so close to reaching our goal. Our club has been asked to raise funds for the PolioPlus fund and participate in social media campaign to raise awareness to help end Polio forever

Greetings from the USA!

Peter Carr advises “Rotary advertises big in Texas (and eats well)”



PROGRAM 2025-26

AUGUST

- 10 Coffee Catchup 10.30am - Sycamore Tree
- 17 RSL 12.30 for 1.00pm – Jo Graham, Wellbeing Exec. Assist.
Banyule City Council
- 17 Board following meeting.
- 24 Coffee Catchup 10.30am - Sycamore Tree
- 31 RSL 12.30 for 1.00pm **OR STOKES COLLECTION Visit**

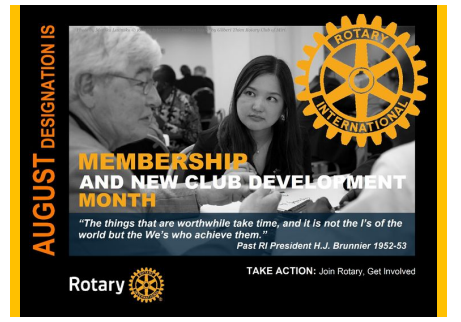
SEPTEMBER

- 7 Coffee Catchup 10.30am – Sycamore Tree – John Nester –
SEEK Ltd. An education platform.
- 9 Board 6.30pm Bowlen Dunstan
- 14 RSL 12.30 for 1.00pm - TBA
- 21 Coffee Catchup 10.30am - Sycamore Tree – Jordy Bradley -
BANSIC
- 28 RSL 12.30 for 1.00pm - TBA

OCTOBER

- 4 **SUNDAY** – ONJ Walk
- 5 Coffee Catchup 10.30am - Sycamore Tree
- 12 RSL 12.30 for 1.00pm – TBA
- 14 Board 6.30pm Bowlen Dunstan
- 19 Coffee Catchup 10.30am - Sycamore Tree
- 24 **SATURDAY** - End Polio Relay/World Polio Day
- 26 RSL 12.30 for 1.00pm - TBA

- * RSL = RSL on Bell – 180 Bell Street, Heidelberg Heights
- * OE = The Old England Hotel - 459 Lower Heidelberg Road, Heidelberg
- * Sycamore Tree Coffee Shop = 185 Burgundy Street, Heidelberg
- * Bowlen Dunstan and Associates – 38 Beetham Parade, Rosanna
- * Rotary Club of Ivanhoe - Uniting Church Hall, Seddon Street, Ivanhoe
- * Rotary Club of Preston – Darebin RSL – 402 Bell Street, Preston



Please confirm your
attendance or apology to
Ken before

9.30AM Monday

0437 770 831

ken.w.norm@gmail.com

The 3rd Object of Rotary

The application of the ideal of
service in each Rotarian's personal,
business and community life.

Rotary Club of Heidelberg is inviting you to a scheduled Zoom meeting

To Join Zoom Meeting:

<https://us06web.zoom.us/j/85091004607?pwd=d0BdHaRfv8hc5PF1c33qMQnwFHQDOI.1>

Meeting chat link:

<https://us06web.zoom.us/jc/85091004607>

Meeting ID: 850 9100 4607

Passcode: 659151

VETERINARY CORNER



Conceptual Thinking:

Just so everyone's clear, I'm going to put my glasses on.