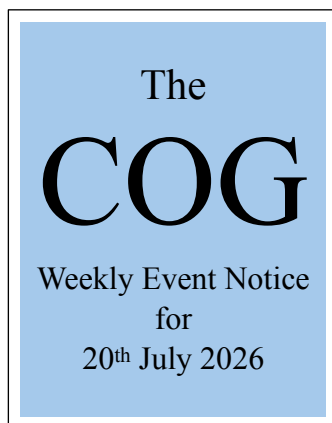
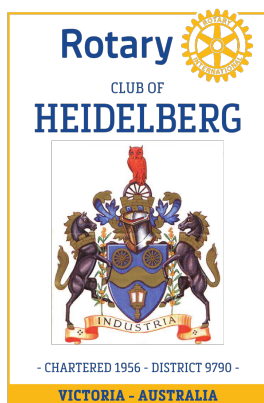




Rotary Club of Heidelberg

A Banyule volunteer community service group.

We get together a few times each month, for coffee or a light lunch.

Our focus is those less fortunate in our community as well as raising funds to aid relief for devastations such as bushfires and floods. We are a part of Rotary International a worldwide network of more than 1.2 million people who tackle persistent problems in communities, while building friendships and meaningful connections.

Rotary Club of Heidelberg, Australia www.rotaryheidelberg.org
P.O. Box 129 Rosanna VIC 3084 – Club No. 18278 ABN 91 870 845 490

LAST WEEK: Coffee Catch Up at The Sycamore Tree - Football, Automobiles, Subs, Football; Holidays

THIS WEEK:

Monday 20th of July, 12.30 for 1:00pm start – RSL on Bell - 180 Bell Street, Heidelberg Heights

Lunch Time Talk with Bek Herron:



Fragments of Service: The Stories Within is an artwork being made in collaboration with veterans, ex-Service Organizations, the veteran art community and the institutions that support them.

Time: 12:30 pm for a 1:00pm start, finishing at 2:00pm

Lunch: Spaghetti Bolognese catered by RSL (\$30 donation)

Please Join Us by **RSVP:** ken.w.norm@gmail.com
by 9:30am Monday 20/7/2026

PRESIDENTS POST

Dear Rotarians and Friends,

This Monday we are pleased to welcome Bek Herron to give us a talk on her art project which commemorates the sacrifices and experiences of the members of The Australian Defence Forces. Bek is a retired Air Force Nursing Officer, a RAAF Ambassador, and a mixed media artist. She is currently working on her piece;

Fragments of Service : The Stories Within is an art work being made in collaboration with veterans, ex-Service Organisations, the veteran art community and the institutions that support them. In 2024, after three years and 5,889 submissions, the Royal Commission into Defence and Veteran Suicide released its final report. The artwork reflects on the unfinished business of the report's recommendations, commends those brave enough to share their stories, and laments the absence of those who could not.

We are pleased that she is able to bring her story to share with us on Monday the 20th of July. She is taking donations to help fund her project. If you would like to contribute, please follow the link below:

[pozible.com](https://www.pozible.com)

We hope that you can all come and enjoy an afternoon of amazing stories, artwork and fellowship.

End Polio Relay

October of this year, the Rotary Club of Heidelberg will be asked to participate in the End Polio Relay with other clubs in our cluster. Hopefully, Polio will be the second infectious disease that humans have been able to eradicate. We are so close to reaching our goal.

Currently, Polio is still active in Afghanistan and Pakistan. Rotary international has made it a goal to eradicate polio through vaccination, surveillance and community mobilisation.

Since 1985, Rotary International has partnered with UNICEF and the WHO to launch

PolioPlus which have reduced global Polio infections by 99.9%.

Our club has been asked to raise funds for the PolioPlus fund and participate in social media campaign to raise awareness to help end Polio forever.

Our club will be fundraising and hosting the END POLIO relay torch in October and we will keep you posted on our efforts moving forward.

Something to Think About

Umbrella Dementia Café -The success, in nearby suburbs, of this memory care café concept is appealing and worthy of consideration particularly as other Rotary Clubs have been supportive.

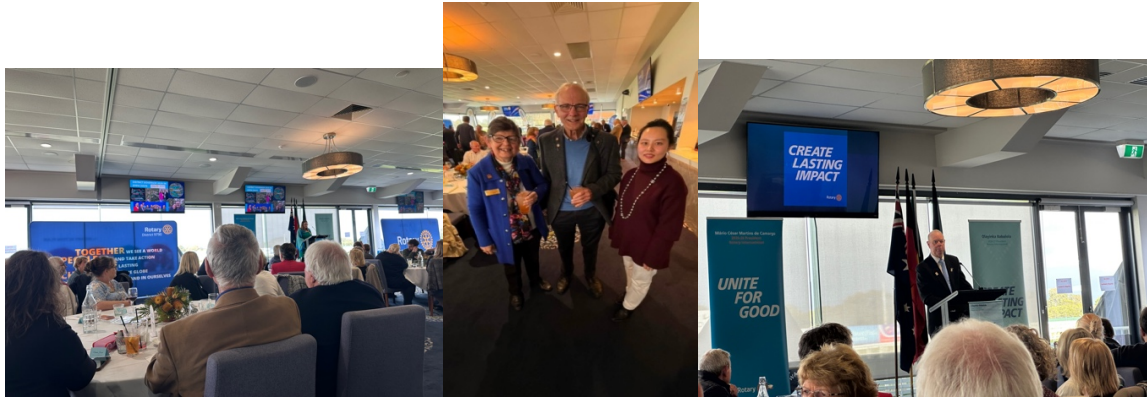
Sincerely,

Allison

District 9790 Changeover luncheon last Sunday 12th July at the Wangaratta Turf Club.

From Secretary Nancy:

Richard, Lorna and I attended the District 9790 Changeover Lunch at Wangaratta Turf Club on behalf of the club. The event brought together Rotarians from across the District to celebrate the achievements of the 2025–26 Rotary year under the theme *Unite for Good*, recognise the contributions of clubs and members, and present awards and recognitions across the District.



We were seated with members of the Rotary Club of Shepparton, providing a great opportunity for fellowship and inspiring conversations. It was interesting to learn that the Shepparton club uses ClubRunner regularly to keep members updated and engaged. It was also wonderful to catch up with fellow Rotarians from our cluster clubs, including Gman from Preston and Pat, among others who attended the lunch.

A special thank you to PDG Emma for her leadership and service throughout the 2025–26 Rotary year, and a warm welcome to DG Paul as he leads District 9790 into the new Rotary year under the theme *Create Lasting Impact*. The lunch highlighted the exciting opportunities and impactful projects ahead for clubs across the District.

Kind regards,
Nancy

CALL FOR ASSISTANCE

Dear Fellow Rotarians,

I'm reaching out on behalf of the Rotary Club of Benalla, who have a generous donation-in-kind opportunity they'd like to donate.

The club has 6 hospital beds, all in very good working condition, that they would like to send on as a Donation in Kind (DIK). They've been waiting on a reply from DIK for over two weeks and would much rather see the beds go to good use on a project than end up at the tip.

Importantly, the Rotary Club of Benalla is willing to contribute towards the cost of a shipping container and transport to a DIK centre, so this is a genuine offer of support, not just equipment needing a home.

If your club is running or knows of an international or community project - here or overseas - that could use hospital beds, or if you have contacts within DIK who could help move this along, please get in touch with me directly, and I'll connect you with Denise.

Let's help make sure these beds find a good home rather than the rubbish tip.

Yours in Rotary,

Bipan Adhikari

International Service Chair, District 9690

Rotary Heidelberg 2025-2026 Executive

Club President Allison: Roberson 0402 154 531

Hon. Secretary: Nancy Situ 0478 580 761

Hon. Treasurer: Geoff Cook 0407 308 171

Vice President: Richard Luke 0428 531 024

District 9790 Governor: Paul Miegel (Corowa)

Cluster Assistant/Area Governor: Pat Solibakke (Pascoe Vale)

District Secretary: Kellee Middleton (Benalla)

District Treasurer: Rodney Bramich (Albury Hume)

President Rotary International: Olayinka Hakeem Babalola,

Rotary Club of Trans Amadi, Nigeria.

PROGRAM 2025-26

JULY

- 20 RSL 12.30 pm for 1.00 pm
Guest Speaker: Bek Herron, Artist - Artwork
Commemorating Veterans in the State of Victoria
- 27 Sycamore Tree – Coffee Catchup 10.30 am

AUGUST

- 3 RSL 12.30 for 1.00 pm – Susie Cole RIMERN
- 10 Sycamore Tree – Coffee Catchup 10.30 am
- 17 RSL 12.30 for 1.00 pm – Jo from Banyule City Council
- 24 Sycamore Tree – Coffee Catchup 10.30 am

- * RSL = RSL on Bell – 180 Bell Street Heidelberg Heights
- * OE = The Old England Hotel - 459 Lower Heidelberg Road Heidelberg
- * Sycamore Tree Coffee Shop = 185 Burgundy Street, Heidelberg
- * Bowlen Dunstan and Associates – 38 Beetham Parade, Rosanna
- * Rotary Club of Ivanhoe - Uniting Church Hall, Seddon Street, Ivanhoe
- * Rotary Club of Preston – Darebin RSL – 402 Bell Street, Preston

APOLOGY

Please confirm your
attendance or apology
to Ken before
9.30AM Monday

0437 770 831

ken.w.norm@gmail.com

The 4-Way Test:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **Better FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

And now for something completely different



"As you can see, the genius fixed my washer."



"I thought you were finished!"



"You the guy with the hedge trimmer for sale?"



"I hooked a real big one but it kept swimming around the boat."



"This hammer keeps hitting two inches to the left."



"I hope it tastes good. It's for the cat."



"Dad, watch me juggle!"



"I know I'm not supposed to interfere, but how's the dog going to climb through that?"

Conceptual Thinking: What do you call a pig with laryngitis?
Disgruntled.