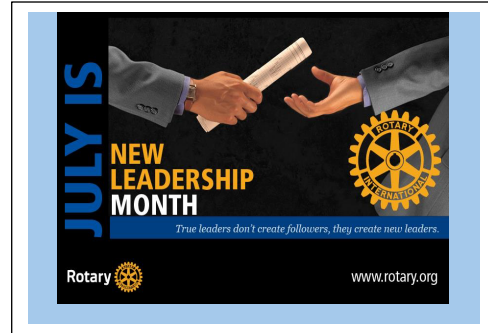
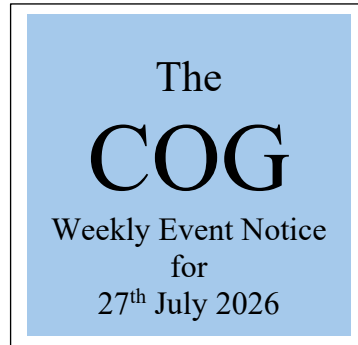
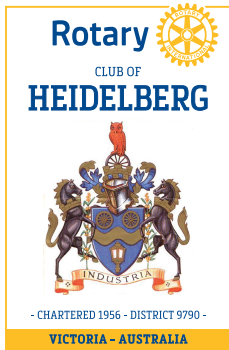




Rotary Club of Heidelberg

A Banyule volunteer community service group.

We get together a few times each month, for coffee or a light lunch.

Our focus is those less fortunate in our community as well as raising funds to aid relief for devastations such as bushfires and floods. We are a part of Rotary International a worldwide network of more than 1.2 million people who tackle persistent problems in communities, while building friendships and meaningful connections.

Rotary Club of Heidelberg, Australia www.rotaryheidelberg.org
P.O. Box 129 Rosanna VIC 3084 – Club No. 18278 ABN 91 870 845 490

THIS WEEK: Coffee Catch Up at The Sycamore Tree – 10.30am

LAST WEEK

Monday 20th of July, – RSL on Bell – Bek Herron held our undivided attention.

PRESIDENTS POST

Dear Rotarians and Friends, On Monday afternoon, we were pleased to host the dynamic Bek Herron. She shared with us her current project “Fragments of Service: The stories within.” Her personal story of service and sacrifice was moving and inspiring. She has served in Afghanistan caring for wounded service members and civilians. Bek has dedicated her time as an artist to commemorating the lives, sacrifices and evolution of other military personnel as they discover how to grow as humans and process their time in armed services.

We would like to thank her for taking the time to come chat with The Rotary Club of Heidelberg. She is currently taking donations to help her complete her current project where she will make over 5,000 clay pots to remind us of the sacrifices of armed service members.

I hope that we can contribute to her efforts and we wish her all the best.





On that same Monday evening, The Rotary Club of Canterbury hosted a trivia night at the Auburn Bowls Club. This event raised funds for RIMERN. Over 30 people were in attendance including Susie, the representative for RIMERN, Gerry, the president of The Rotary Club of Preston, Rotarians and friends. The trivia event raised funds by selling tickets to play and holding a silent auction.



Something to Think About

Umbrella Dementia Café -The success, in nearby suburbs, of this memory care café concept is appealing and worthy of consideration particularly as other Rotary Clubs have been supportive.

Fellowship and the Big Screen – Sunday 9th August - 6.00pm

Tony is organizing a social outing for members and friends to the Palace Westgarth cinema, 89 High St, Northcote, to see “The Invite.”

“It’ll be fun. Fresh from Sundance, where it emerged as one of the festival’s breakout hits, THE INVITE is the acclaimed new comedy from Olivia Wilde, praised for its razor-sharp humor, crackling chemistry and perceptive take on modern relationships.”

Please book your tickets for Sunday August 9th at 6pm. Please let Tony know if you are planning on attending. We hope to get a group together for dinner and drinks before the movie.

Subject to change 🍷

End Polio Relay

October of this year, the Rotary Club of Heidelberg will be asked to participate in the End Polio Relay with other clubs in our cluster. Hopefully, Polio will be the second infectious disease that humans have been able to eradicate. We are so close to reaching our goal.

Currently, Polio is still active in Afghanistan and Pakistan. Rotary international has made it a goal to eradicate polio through vaccination, surveillance and community mobilization.

Since 1985, Rotary International has partnered with UNICEF and the WHO to launch **PolioPlus** which have reduced global Polio infections by 99.9%.

Our club has been asked to raise funds for the PolioPlus fund and participate in social media campaign to raise awareness to help end Polio forever. Our club will be fundraising and hosting the END POLIO relay torch in October and we will keep you posted on our efforts moving forward.

Olivia Newton John Walk for Wellness 2026

This will be the final Walk for Wellness which funds the Austin Hospitals Olivia Newton John Cancer and Wellness Centre.

This event will be hosted on Sunday the 4th of October at the Alexandra Gardens.

They have a 2km walk, 2km/5km/10km run. The walks start at 9am.

We would like to have as many members as possible join for the last walk/run. We are planning on teaming up with our friends from the Rotary Club of Preston.

Please email me if you want to join a team or you can register on your own at walkforwellness.com.au

Thanks,

Allison

PROGRAM 2025-26

JULY

27 Sycamore Tree – Coffee Catchup 10.30 am

AUGUST

3 RSL 12.30 for 1.00pm – Susie Cole RIMERN

10 Sycamore Tree – Coffee Catchup 10.30am

17 RSL 12.30 for 1.00pm – Jo from Banyule City Council

24 Sycamore Tree – Coffee Catchup 10.30am

SEPTEMBER

3 RSL 12.30 for 1.00pm - TBA

10 Sycamore Tree – Coffee Catchup 10.30am

17 RSL 12.30 for 1.00pm - TBA

24 Sycamore Tree – Coffee Catchup 10.30am

31 RSL 12.30 for 1.00pm - TBA

* RSL = RSL on Bell – 180 Bell Street Heidelberg Heights

* OE = The Old England Hotel - 459 Lower Heidelberg Road Heidelberg

* Sycamore Tree Coffee Shop = 185 Burgundy Street, Heidelberg

* Bowlen Dunstan and Associates – 38 Beetham Parade, Rosanna

* Rotary Club of Ivanhoe - Uniting Church Hall, Seddon Street, Ivanhoe

* Rotary Club of Preston – Darebin RSL – 402 Bell Street, Preston



Please confirm your attendance or apology to Ken before

9.30AM Monday

0437 770 831

ken.w.norm@gmail.com

The First Object of Rotary

The development of acquaintance as an opportunity for service.

And now for something completely different

Don't you hate it when you see a cat laying on top of your car?



**OPEN YOUR COCO
AND STOP PRETENDING
THAT YOU ARE MY SHADOW**

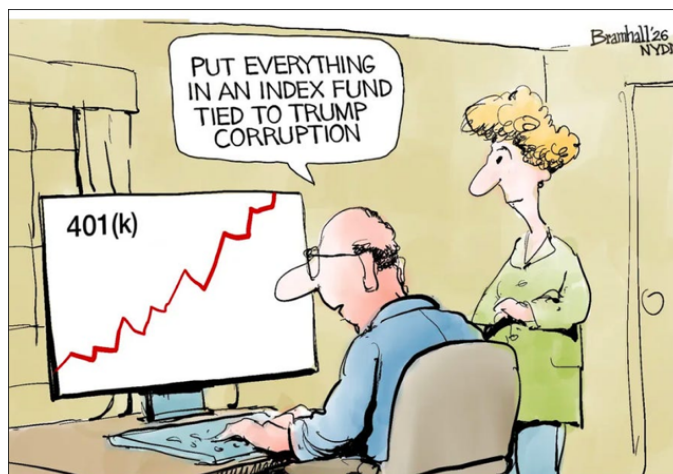


I visited a monastery and as I walked past the kitchen I saw a man frying chips. I asked him "Are you the friar?" He replied "No, I'm the chip monk..."

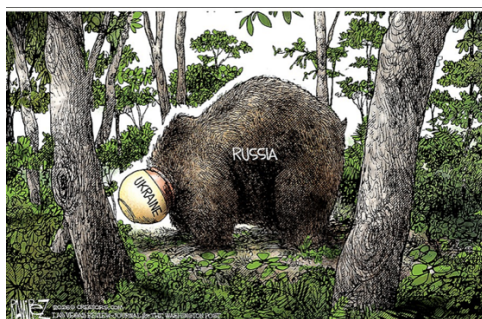
FOR THOSE THAT HAVE NEVER SEEN A CATFISH !!



**Accidentally
rubbed ketchup in
my eyes.....now I
have Heinsicht**



(Image credit: Bill Bramhall / Copyright 2026 Tribune Content Agency)



Conceptual Thinking:

Writing my name in cursive is my signature move.