

The COG

Weekly Event Notice for 28th September 2026

Rotary Club of Heidelberg

A Banyule community group of volunteers

Our focus is those less fortunate in our community as well as aid relief for devastations such as bushfires and floods. We are a part of a worldwide network of more than 1.2 million people who tackle persistent problems in communities, while building friendships and meaningful connections.

We get together a couple of times each month to develop projects over a coffee or light lunch.



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

Rotary Club of Heidelberg, Australia www.rotaryheidelberg.org
P.O. Box 129 Rosanna VIC 3084 – Club No. 18278 ABN 91 870 845 490

THIS WEEK: RIMERN – 10.00am till 1.00pm (a shorter session)

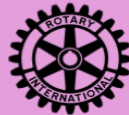
LAST WEEK: Luncheon at RSL with Jordy Bradley from BANSIC

ZOOM-ZOOM – Rotary Heidelberg Invites Members and Friends to join our twice monthly luncheon meetings via Zoom. Commencing at 1.00PM, Zoom connection details are listed towards the end of this publication.

**ROTARY IS A
VOLUNTEER
ORGANISATION
SEEKING VOLUNTEERS
NOW**

**INAUGURAL
RIMERN
SESSION
FULLY BOOKED**

Interact



NEPAL DISASTER

**STILL IN CLEANUP
MODE AND NEEDS
FUNDING**



PRESIDENTS POST AND PROJECTS



RSL Meeting on Monday 21st of September - BANSIC

Guest Speaker: Jordy Bradley

Thank you for Jordy Bradely from BANSIC for joining us at the RSL for our bimonthly meeting. BANSIC serves the communities in the southern Banyule area. Their values are Dignity, Equity and Empowerment.



Currently, they serve 25-45 new clients a month who have several needs that are not being met by government services.

They provide a holistic approach to helping people through troubled times. They provide a variety of services such as:

1. Food Hub (BANSIC Food Hub, 155 Oriel Rd, Heidelberg West, VIC 3081) - They are open Monday through Friday from 10 am to 3 pm and rely heavily on volunteers and donations to provide food to those who need food support.
2. Material (Emergency) Relief – They provide materials for the homeless (Homeless packets), fuel support, etc.
3. Op Shop (BANSIC – New to You Op Shop, 78 Aberdeen Rd, Macleod, VIC 3085) – They are open Monday through Friday from 10 am to 2 pm. They love donations but are limited on space.
4. Medical Relief – they currently work with a local pharmacy to help people with prescriptions from their doctors to obtain their prescription medications through a voucher program.

5. Social connections – cooking classes for women to connect
6. Financial help services – help with tax issues, financial counselling, utility bill relief
7. Community event support – back to school programs, Christmas day lunch, Christmas connection for children's gift
8. Digital Transition Support – helping those who are in need of digital (computer/ internet) support

You're invited 

**BANSIC Quiz night
Fundraiser**

PRIZES | GAMES | RAFFLES 

Date: 23rd October 2026
Time: 7pm-10pm
Cost: \$30 per ticket, tables of 8
Where: Bellfield Community Hub,
 15 Daphne Cres, Bellfield



BOOK Here:
[https://events.humanitix.com/
 bansic-quiz-night](https://events.humanitix.com/bansic-quiz-night)

Or via the QR code 



BANSIC has 2 full time employees and a strong group of volunteers.

How can we help?

1. Monetary Donations
2. Volunteer at their monthly sausage sizzle at Bunnings in Preston
3. Community Drives (Christmas)
4. Food Donations
5. Quiz Night

RIMERN MONDAY

WE are booked for the fourth Monday of each month, commencing 28th September.

Location: RIMERN 32 Lincoln Street, East Brunswick (corner of Moreland Road)

Hours: 10am – 1pm

Dress: Please dress warmly and wear closed toe shoes (they will provide close toe shoes)

Coffee, water and tea will be provided. Plan to clean, organize and put together flat pack furniture!

Paperwork: Please bring your volunteer sheet (Signed) with you.

Training: Please let me know if you are interested in becoming a case manager. The training is every 2 weeks and by ZOOM.

KIESER



Kieser Heidelberg Donates to Rotary Club of Heidelberg!

Thank you to Bradley and his coworkers at Kieser of Heidelberg. Their open house held October 12th generated 16 new initial consults raising over \$1,000 for the Rotary Club of Heidelberg.

Thank you to Bradley, Kieser and all our members who attended the Open House.

Polio Plus 2026: It's time to Eradicate Polio - October 17th in Heidelberg

The Rotary Club of Heidelberg will have our Polio Fund Drive on Saturday the 17th of October. Please come and support our Polio Fund Drive - Bagpipe busking with Richard Luke. Saturday from 10am, we will be collecting funds to help eradicate Polio whilst supporting Richard as he serenades the people in Burgundy Street.

We need volunteers to carry the Polio Baton, collect money (cash and by eftpos machine), move equipment and bring positive energy to remind people about the possibility of ending this terrible disease.

1956 Olympic Commemorate Project – Sunday October 29th with John Bell

To be announced

Malahang Festival Sunday November 29th - Malahang Reserve Heidelberg West

John Bell and the 1956 Olympic Commemoration Committee will have a stall documenting the event and the oral histories of the time. Please come and show some support.

THE ROTARY 100 - Online International Mega Meeting

**THE PEOPLE'S ASSEMBLY 2026 was held Sunday 20th September via ZOOM
"FROM CONFLICT TO RESOLUTION"**

Breaking News.....

District Offers Discounts for new members under the age of 40!!!

The Committee of Management has formally endorsed the continuation of the waiving of district dues for Under 40s members, Alumni members and a 50% discount for household members/partners until 30 June 2028. This is for the first year of membership. (There are a few stipulations, but nothing major.



Since launching the PolioPlus program in 1985, Rotary and our partners have made incredible progress toward eradicating polio. We've celebrated vaccination milestones, cheered as regions of the world were certified polio-free, and contained wild poliovirus to just two countries, Afghanistan and Pakistan.

But polio anywhere will always be a threat to children everywhere. We made a promise to the children of the world: One day, they won't have to fear being paralysed by polio.

This is why it's so important for Rotary and Rotaract clubs to use World Polio Day on 24 October as an opportunity to raise awareness and funds. Explore the resources below and use them to inform your community about the incredible progress we've made toward eradicating this disease.

World Polio Day is only a few weeks away, and we want to know what your club is doing. Whether you're hosting your own activity or participating in a district or zone event, tell us about it! To eradicate polio, we need everyone's support.

Together, we end polio.

NEPAL DISASTER RELIEF FUND

The Rotary Club of Heidelberg has donated \$2,000 to the relief efforts in Nepal through the Rotary Australia World Community Service (RAWCS).

Members can make individual donations using the QR code below:



Thank you for making a donation by direct deposit, as follows:

Donation#: 333143

Your Name: Rotary Club of Heidelberg

Donor is: Member of Rotary Club of Heidelberg (District 9790)

Amount: \$2,000.00

Project ID: 17-2026-27

Project Name: Nepal Flooding Disaster Relief Fund (RARF)

Thank you for your donation

Pauline Lane

RAWCS National Administrator

ZOOM MEETING CONNECTION DETAILS:

Rotary Club of Heidelberg is inviting you to a scheduled Zoom meeting

To Join Zoom Meeting:

<https://us06web.zoom.us/j/85091004607?pwd=d0BdHaRfv8hc5PF1c33qMQnwFHQDoi.1>

Meeting chat link:

<https://us06web.zoom.us/jc/85091004607>

Meeting ID: 850 9100 4607

Passcode: 659151

WHAT'S ON - - - Rotary Club of Heidelberg Related Projects & Events

SEPTEMBER

- 26 AFL Grand Final**
- 26 BANSIC Bunnings Preston BBQ – Help needed**
- 28 RIMERN Project, 10am till 1pm – 32 Lincoln Street, East Brunswick**

OCTOBER

- 4 SUNDAY – ONJ Walk for Wellness – around The Tan**
- 5 RSL 12.30 for 1.00pm – Councilwoman Mary O’Keane**
- 11 SUNDAY Lift the Lid Walk – Nation-wide Rotary Health Walk**
- 12 Coffee Catchup 10.30am - Sycamore Tree**
- 14 Board 6.30pm Bowlen Dunstan**
- 17 Saturday - Burgundy Street Bagpipes for Polio Banner Event**
- 19 RSL 12.30 for 1.00pm – Physiotherapist Bradley Murphy**
- 24 SATURDAY – Bunnings Fairfield BBQ with RC Ivanhoe -
Cambodia Project fundraising**
- 24 PLUS End Polio Relay/World Polio Day**
- 26 RIMERN Project, 10am till 3pm – 32 Lincoln Street, East Brunswick**
- 26 Also Coffee Catchup 10.30am - Sycamore Tree**

NOVEMBER

- 2 NO RSL meeting**
- 3 Melbourne Cup Holliday**
- 9 Coffee Catchup 10.30am – Sycamore Tree**
- 16 RSL 12.30 for 1.00pm – TBA**
- 25 RIMERN Project, 10am till 3pm - 32 Lincoln Street, East Brunswick**

DECEMBER

- 2 RSL 12.30 for 1.00pm – TBA**
- 9 Coffee Catchup 10.30am – Sycamore Tree**
- 16 Christmas Breakup Event - TBC**

* RSL = RSL on Bell – 180 Bell Street, Heidelberg Heights

* OE = The Old England Hotel - 459 Lower Heidelberg Road, Heidelberg

* Sycamore Tree Coffee Shop = 185 Burgundy Street, Heidelberg

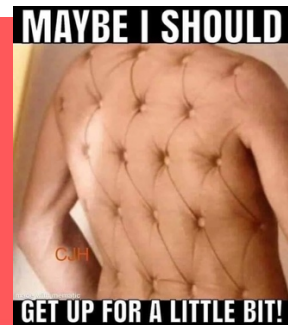
AFTER ALL THE
STUPID, STUPID
THINGS I'VE DONE
IN MY LIFE...IF I
DIE BECAUSE I
TOUCHED MY
FACE, I AM GOING
TO BE SERIOUSLY
PISSSED.

If you see my kids locked
outside today, mind your
business. We are having a
fire drill.
[#HomeSchool](#)

You can either have
a nice day or you
can help your child
with their math
homework.
You can't have both.
-Coronalations
03:30



Until further notice the
days of the week are
now called,
thisday,thatday,otherday,
someday,yesterday,
today and nextday!



Conceptual Thinking:

Why is 'dark' spelled with a k and not c?
Because you can't see in the dark.

