

The COG

Weekly Event Notice for 5th October 2026

Rotary Club of Heidelberg

A Banyule community group of volunteers

Our focus is those less fortunate in our community as well as aid relief for devastations such as bushfires and floods. We are a part of a worldwide network of more than 1.2 million people who tackle persistent problems in communities, while building friendships and meaningful connections.

We get together a couple of times each month to develop projects over a coffee or light lunch.



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

Rotary Club of Heidelberg, Australia www.rotaryheidelberg.org
P.O. Box 129 Rosanna VIC 3084 – Club No. 18278 ABN 91 870 845 490

LAST WEEK: RIMERN – 10.00am till 1.00pm (a shorter session)

THIS WEEK: Luncheon at RSL with Councillor Mary O'Keane

**MARY
WHO
I'm Keane -
to be counselled!**

**NEPAL
STILL IN CLEANUP
MODE AND NEEDS
FUNDING**

ZOOM - ZOOM

Rotary Club of Heidelberg is inviting you to a scheduled Zoom meeting

To Join Zoom Meeting:

<https://us06web.zoom.us/j/85091004607?pwd=d0BdHaRfv8hc5PF1c33qMQnwFHQDOI.1>

Meeting chat link:

<https://us06web.zoom.us/jc/85091004607>

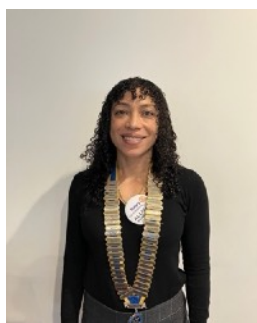
Meeting ID: 850 9100 4607

Passcode: 659151

We look forward to your company and input - Welcome

**WHO WILL HAVE
TIRED MUSCLES
ON MONDAY?**

ONJ WALK PARTICIPANTS
THAT'S WHO



PRESIDENTS POST AND PROJECTS



Hello members and guests,

There is a fair bit going on for us as we start a new month.

The Rotary Club of Heidelberg visits the RIMERN Warehouse

The Rotary Club of Heidelberg visited RIMERN (32 Lincoln Street, Brunswick East) on Monday the 28th of September. We were greeted by John and had an in-depth tour of the warehouse. The warehouse was neatly arranged by appliances, dinning furniture, chairs, tables, pillows and kitchen goods.

The warehouse is opened from 10am to 1pm on Mondays and they host 2-3 groups who are picking out their home goods. People come with their case workers for a one-time opportunity to choose goods for their new homes. All the home goods are given to clients at no charge except for the major appliances (refrigerators, washing machines) and there is a minimal cost to deliver the materials.

RIMERN works with many groups to provide home goods to the needy. They work the most with Launch Housing (www.launchhousing.org.au). Our own Brother Harry has taken 4 groups of people to the warehouse to help the people of southern Banyule. We would like to continue to refer people to RIMERN.

Our group was split into 2 groups. The guys helped with the larger goods while Lorna and I helped created kitchen packs. We put together 3 kitchen packs with dishes, cutlery and glass ware. We had tea at 11:30 and finished up at 1pm. If anyone has some home goods to donate, please consider sending them to RIMERN.



We look forward to members joining us to volunteer for working at RIMERN warehouse the 4th Monday of each month. Please sign up online at: https://docs.google.com/spreadsheets/d/1buJOPwi_DxOSxbD_iCOnHIYEfmeipv3b6xtOX_mLB0k/edit?gid=701419578#gid=701419578

BANSIC BBQ at Preston Bunnings

After meeting the lovely Jordy Bradley from BANSIC at our last meeting, I volunteered to help at their bimonthly BBQ at the Preston Bunnings. They are always looking for volunteers to help raise money for the BANSIC Food Hub (155 Oriel Road, Heidelberg West). The BANSIC Food Hub “provides food relief and practical support to Banyule residents experiencing food insecurity”.

Perhaps The Rotary Club of Heidelberg can lend a hand. This may also be a great opportunity to find new friends of the club and maybe some new members, too!



Monday the 5th of October Guest Speaker: Cr Mary O'Kane

Councillor: Olympia ward

I look forward to having a visit with Mary about plans for a future community center for West Heidelberg area. This new center is still in planning but it would be a community hub for the BANSIC food hub and other Banyule

“With a background in advocacy, research and human rights, I excel in collaborating with diverse stakeholders towards common goals. My skills in analysis, big-picture thinking and active listening enable me to address complex issues empathetically and pragmatically.”

“I envision Banyule as an inclusive community that promotes sustainable growth while reducing socio-economic disadvantage. We meet housing demands with quality, diverse developments, well-located community infrastructure and effective transport options. Safety concerns are addressed, as well as parking and road safety issues. The potential of our green spaces is maximised while our environmental footprint minimised.”

“I love the strength and passion of our community and how we can connect across diverse experiences to protect and be there for each other, through good times and bad. I want to tap the depth of knowledge of residents in Olympia Ward and all Banyule to build a place where everyone can thrive.”

(<https://www.banyule.vic.gov.au/About-us/Councillors-and-Council-meetings/Councillors/OKane>)

A Fun Night at Blue Illusion Night the 23rd of September with our friends of The Rotary Club of Ivanhoe

This past Wednesday, The Rotary Club of Ivanhoe hosted a shop and sip at the Blue Illusion on Upper Heidelberg Road in Ivanhoe. The owners opened shop and supplied us with delicious confections, champagne and lots of laughs. Funds were raised for the school in Cambodia for their 2027 trip. Lisa and Robyn were wearing many hats (and frocks) as both hosts and models.



Probus Heidelberg Warringal Club 35 Year Anniversary

As our Probus Club's sponsoring Rotary Club, we welcome The Rotary Club of Heidelberg to honor the relationship between Rotary and Probus, and the enduring relationship over the past 50 years of Probus in Australia and 35 years of Probus in the Heidelberg Warringal area.

This event will be attended by Allison and Peter to represent our club.

Victorian Seniors Festival 2026 – Is that us????

Connect, Create, Celebrate – October 1-31st

Throughout October, the festival will bring together thousands of free and low-cost events for older Victorians right across the state. Check out the online calendar at: www.seniorsonline.vic.gov.au/festival

Free public transport October 3rd-11th

Celebration Day October 3rd at Fed Square 11am-5pm (Tai Chi, abundance Workshop, People's Choir, King Marong and Afro Mandinko, Batacoda, Ukulele Play Along, Oxo Cubans, etc.)

ACMI Seniors Film Festival – Free

Monday the 5th – The Remains of the Day

Tuesday the 6th – Sense and Sensibility

Wednesday the 7th – Howard's End

And So Much More, please go online or collect a pamphlet at the Ivanhoe Library for more information.

Olivia Newton John Walk 4th of October

Olivia Newton- John Walk for Wellness is being held on 4th Oct commencing from the rear of the Melbourne University Boat Club on the Engineers Park in the Alexandra Gardens.

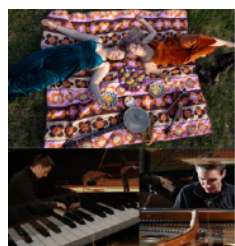
We plan to walk as a group representing the RCH in the 9.05 time-slot. If you have not already done so you will need to register on- line - To this end it is being proposed that we all meet in front of the Melbourne Boat Club at 8.30 am - this is the first boat club in the group and the one closest to St Kilda Rd - it should not be confused with the Melbourne University Boat Club in front of Engineers Park, if possible bring your RCH caps, polos and hi- viz vests and if planning to join the group, please let me know by email so that we all know who to look out for on the day. Geoff Cook

LIFT THE LID WALK for WELLNESS October 11th

Location: The Stage, Coburg Lake Reserve

Sunday Oct. 11th, 10am (4km or 8km) - Cost: \$30

Please sign up online at <https://www.liftthelidwalk.com.au/moreland>



BOS Opening Celebration

9th of October, 7pm – 9.30pm

Old Shire Offices, 60 Beverly Road, Heidelberg

Banyule Open Studios (BOS), an incorporated association of artists living and working in Banyule, northeast of Melbourne, Victoria. The BOS artists open our studio spaces annually to the wider public where our rich diversity of creative output and work environments may be shared and enjoyed by others.

There will be artists' films, live music, friendly artists and food and drink to enjoy! You will be spoilt with the cool piano rhythms of local pianist **Andrew "Dosta" Lake!** Then allow your ears to be tingled by the incredible **Corn Nut Creek!** Corn Nut Creek are storytellers with hip songs weaving traditions of Appalachian music with unique chamber-folk style.

To keep in the BOS loop download our App!

https://play.google.com/store/apps/details?id=com.atlas_live.ban&hl=en_AU

We'd love to see you at our opening. Please RSVP to: Info@banyuleopenstudios.com.au

Polio Plus 2026: It's time to Eradicate Polio - October 17th in Heidelberg

The Rotary Club of Heidelberg will have our Polio Fund Drive on Saturday the 17th of October.

Please come and support our Polio Fund Drive - Bagpipe busking with Richard Luke. Saturday from 10am, we will be collecting funds whilst supporting Richard as he serenades the people in Burgundy Street.

We need volunteers to carry the Polio Baton, collect money (cash and by eftpos machine), move equipment and bring positive energy to remind people about the possibility of ending this terrible disease.

1956 Olympic Commemorate Project – Sunday October 29th with John Bell

To be announced

District 9790 Annual General Meeting - Thursday November 5, 2026

Our Club will be represented by our Club Secretary Nancy Situ.

Action items

3. Review the agenda and the meeting pack attachments
 - 3.1. District 9790 AGM Agenda 5 November 2026
 - 3.2. 2026 Financial Audit Rotary 9790 as at 24.09.2026_Signed
 - 3.3. 2026 Rotary 9790 Audit Engagement Letter
 - 3.4 2026 Rotary 9790 Audit Representation Letter

3.5 Rotary International District 9790 Inc. Minutes of the 2024-25 AGM 06 November 2025

3.6 Rotary International District 9790 Inc. Attendees of the 2024-25 AGM 06 November 2025

Malahang Festival Sunday November 29th

Malahang Reserve Heidelberg West

John Bell and the 1956 Olympic Commemoration Committee will have a stall documenting the event and the oral histories.

Conceptual Thinking:

Why is it unwise to share your secrets with a clock?
Well, time will tell.

WHAT'S ON - - - Rotary Club of Heidelberg Related Projects & Events

OCTOBER

- 4 SUNDAY** – ONJ Walk for Wellness – around The Tan
- 5 RSL** 12.30 for 1.00pm – Councilwoman Mary O’Keane
- 11 SUNDAY** Lift the Lid Walk – Nation-wide Rotary Health Walk
- 12 Coffee Catchup** 10.30am - Sycamore Tree
- 14 Board** 6.30pm Bowlen Dunstan
- 17 Saturday** - Burgundy Street Bagpipes for Polio Banner Event
- 19 RSL** 12.30 for 1.00pm – Physiotherapist Bradley Murphy
- 23 Wednesday** 7 – 10pm BANSIC Quiz Night– RCH Table ???
- 24 SATURDAY** – Bunnings Fairfield BBQ with RC Ivanhoe - Cambodia Project fundraising
- 24 PLUS** End Polio Relay/World Polio Day
- 26 RIMERN** Project, 10am till 3pm – 32 Lincoln Street, East Brunswick
- 26 Also Coffee Catchup** 10.30am - Sycamore Tree

NOVEMBER

- 2 NO RSL** meeting
- 3 Melbourne Cup** Holliday
- 9 Coffee Catchup** 10.30am – Sycamore Tree
- 16 RSL** 12.30 for 1.00pm – Billy Kerrigan from Farm Raiser
- 25 RIMERN** Project, 10am till 3pm - 32 Lincoln Street, East Brunswick

DECEMBER

- 2 RSL** 12.30 for 1.00pm – TBA
- 9 Coffee Catchup** 10.30am – Sycamore Tree
- 16 Christmas Breakup Event** – TBC

* RSL = RSL on Bell – 180 Bell Street, Heidelberg Heights
* OE = The Old England Hotel - 459 Lower Heidelberg Road, Heidelberg
* Sycamore Tree Coffee Shop = 185 Burgundy Street, Heidelberg
* Bowlen Dunstan and Associates – 38 Beetham Parade, Rosanna
* Rotary Club of Ivanhoe - Uniting Church Hall, Seddon Street, Ivanhoe
* Rotary Club of Preston – Darebin RSL – 402 Bell Street, Preston

JANUARY



Sorry, just couldn't resist – Ed.

A Message from Ruth McCall from The Rotary Club of Preston

Dear Rotarians,

I send this to you on behalf of the Rotary Clubs of Preston, Moreland and Pascoe Vale, and Dr Peter Ewer, President of the Merri Creek Management Committee, and on behalf of the **Merri Paddle for a Platypus Future and Merri Creek Management Committee**.

There is an effort to explore the mitigating factors affecting the survival of the iconic Platypus in the Merri Creek, - now listed as "Vulnerable". We have requested a study, "Creation of a Citizen Science Ecological Monitoring of the Merri Creek" from the Merri Creek Management Committee. The study will provide valuable data which can be accessed by several organisations and stakeholders involved with, and concerned with, the complex ecological issues determining our waterway's health and future. I encourage any Rotarian to come along to any of our '**Merri Paddle for a Platypus Future**' meetings (held monthly) as it is a great way to learn how we can be pro-active in caring for our environment - here at a local level. I enclose the quotation for the study as supplied by Julia Cirrillo. For the study to proceed, a sum of \$5,423 is required. Thus far, we have \$3000 committed to the study, however we need the full amount for the study to proceed.

Kind Regards

Ruth McCall - P.P. Rotary Club of Preston - Chairperson Environment & Sustainability Committee - Committee member Merri Paddle for a Platypus Future

(Edited for length)

