

The COG

Weekly Event Notice for 7th September 2026

Rotary Club of Heidelberg

A Banyule volunteer community service group.

We get together a few times each month, for coffee or a light lunch.

Our focus is those less fortunate in our community as well as raising funds to aid relief for devastations such as bushfires and floods. We are a part of Rotary International a worldwide network of more than 1.2 million people who tackle persistent problems in communities, while building friendships and meaningful connections.



PEACEBUILDING AND
CONFLICT PREVENTION



DISEASE PREVENTION
AND TREATMENT



WATER, SANITATION,
AND HYGIENE



MATERNAL AND
CHILD HEALTH



BASIC EDUCATION
AND LITERACY



COMMUNITY ECONOMIC
DEVELOPMENT



ENVIRONMENT

Rotary Club of Heidelberg, Australia www.rotaryheidelberg.org
P.O. Box 129 Rosanna VIC 3084 – Club No. 18278 ABN 91 870 845 490

LAST WEEK: Mount Macedon trip to The Stokes Collection/Forest Glade Gardens

THIS WEEK: Luncheon at RSL with Josh Nester – Seek Investments

ZOOM-ZOOM – Rotary Heidelberg Invites Members and Friends to join our luncheon meetings via Zoom. Luncheon meetings are held twice a month commencing at 1.00PM. Zoom connection details are listed below the Program Box towards the end of this publication.

Just “stoked”
About
Stokes Collection

“How’s your back and
Basic balance
these days?”

Lift the Lid
Mental Health Walk
for Wellness –
Sunday 11th October

RIMERN
Monday 28th
September

Our first chance
to provide
support!



Allison Photo

UPDATE From PRESIDENT ALLISON

Welcome Members and Friends,

Visit to The Stokes Collection at Mount Macedon

We would like to thank Laurie and Jane Rose for organizing our club trip to the Stokes Collection. Brother Harry was kind enough to drive several members by bus to see the collection. Mr. Stokes made his fortune in real estate and procured a massive collection of antiques from all over the world.

The property has a 13-acre English and Japanese style garden which is open every day of the year. The antique collection is only open for group visits.

We finished the trip with a lovely lunch at a local café.



Emergency in Nepal

Please feel free to make private donations to RAWCS. We will also discuss donating in the name of The Rotary Club of Heidelberg to help with disaster relief efforts at the next board meeting (9/9/26).

Urgent Appeal -Nepal Disaster

Rotary Australia World Community Service (RAWCS) have established an appeal fund for the Nepal disaster.

Please find below the link and the QR code to the appeal. Tax deductible donations can be made immediately.

[Rotary - Nepal Flooding Disaster Relief \(RAWCS\)](#)



Every contribution makes a direct and meaningful difference on the ground. Please consider making a donation today. Thank you for your time, compassion, and dedication to helping others.

RC PRESTON

16th September - Guest Speaker Dr Peter Ewer "Preserving Regional Parklands with Urban Expansion." The growing demands of our population and the urgent need to sensitively look after our environment, and our wildlife.

RIMERN – Monday 28th September

10am until 3pm.

Address: 32-34 Lincoln Street, East Brunswick, VIC 3057 (corner of Moreland Road)

Please consider carpooling or taking public transport when volunteering.

We need 4-5 people for the 4th Monday each month. **Online Signup sheet coming soon**

Conceptual Thinking:

I once worked at a cheap pizza shop to get by.
I kneaded the dough.

Saturday 12th of September National Open Day at Keiser 8am-3pm

Please take some time to register to visit Bradley at Keiser on the second Saturday in September. We are hoping to engage our friends at Keiser with our RIMERN project, and they are hoping to support our club financially. Together, we can make great things happen!

Brad will be giving a talk at **10am** about **Back Pain**: regaining strength, confidence and movement
Please join **Keiser Heidelberg** for clinic tours, trials, free coffee and presentations. Evaluations will be half off of the normal cost. Please register using the QR Code



AND OR

Rotary Club of Diamond Creek's Grand Parade on Saturday, 12 September.

We wish for you and/ or representatives of your club to join us: featuring the Polio Baton at the front of the Grand Parade. Let the community see the number of clubs in our area while bringing awareness to the eradication of polio.

Time: 9:30 am - arrive at parade marshalling area

Assembly Location: Netball Courts, Diamond Street, Diamond Creek

Parade Begins: 10 am **Sharp!** - **Parade Finishes:** no later than 11 am. - **Parade Distance:** 800 metres

AND OR Something a little bit different.....

10th-12th of September

Australia-China Economia, Trade and Investment Expo 2026

Melbourne Convention and Exhibition Centre

Our new friend June, the President of the Rotary e-club Unity Inspire VIC Australia Inc., has invited us to join her club for this event if anyone is available or interested.

Official Website:

<https://www.acetie.com.au>

Promotional Video:

https://www.youtube.com/watch?v=BCIs_lNaXlA

The ACETIE was jointly initiated in 2018 by political, business, and institutional leaders from Australia and China. Its purpose is to promote and develop bilateral economic and trade relations, serving the interests of the business communities and the well-being of the people of both countries. Supported by government and commercial departments from both Australia and China and enthusiastically participated in by the business sectors of the two nations, the Expo has become the most influential commercial event between the two countries.

20th September – Is it an illusion?

Polio Plus 2026: It's time to Eradicate Polio

Plans Coming soon!!! We will receive the Polio Baton and plan have a public performance in Heidelberg on Burgandy Street on Saturday October 17th! We welcome all members to come along to show support and take photos to help eradicate Polio!

Olivia Newton John Walk for Wellness - Sunday 4th of October

Alexandria Gardens (the Tan) 2km walk. Please sign up online. Some of our friends from The Rotary Club of Prestin will join us.

WALK for WELLNESS October 11th

Please sign up online. Some of our friends from The Rotary Club of Ivanhoe will join us.

BBQ with Ivanhoe Rotary for their Cambodia Trip **Saturday 24th October**. Probably need 2-3 people please at Fairfield Bunnings, please let me know if you can attend. Thanks!



Thanks to Rotary leaders, members, donors, and supporters worldwide, The Rotary Foundation continues to advance Rotary's mission and create lasting change in communities both locally and globally. We are pleased to share that together, we raised more than **US\$477 million** (unaudited) in gifts and commitments during 2025-26.

Thanks to the collective efforts of Rotary members, leaders, and supporters, our Foundation was able to:

Award 1,804 global grants, 463 district grants, and 61 disaster response grants in 2025-26

Work with our partners to vaccinate more than 350 million children in 28 countries during 2025

Open our newest Rotary Peace Centre at Symbiosis International University in India

These achievements are possible because of people like you who champion Rotary's mission through leadership, service, advocacy, and generosity.

Regional and district-level fundraising reports will be shared soon, and audited financial results will follow in the coming months. Thank you for all you do to support our Foundation and help Rotary create opportunities, strengthen communities, and advance lasting change. Together we are Doing Good in the World.

Sincerely,
Holger Knaack
2025-26 Trustee Chair

Rotary Club of Heidelberg is inviting you to a scheduled Zoom meeting

To Join Zoom Meeting:

<https://us06web.zoom.us/j/85091004607?pwd=d0BdHaRfv8hc5PF1c33qM0nwFHODoi.1>

Meeting chat link:

<https://us06web.zoom.us/jc/85091004607>

Meeting ID: 850 9100 4607

Passcode: 659151

WHAT'S ON - - - Rotary Club of Heidelberg Related Projects & Events

SEPTEMBER

- 2 **RC Ivanhoe** 7.15 for 7.30am - PP Maree McCabe – former CEO of Dementia Australia - Uniting Church Hall, Ivanhoe
- 7 **RSL** 12.30 for 1.00pm– John Nester –SEEK Ltd. Online Employment Market with an education platform.
- 9 **Board** 6.30pm Bowlen Dunstan
- 12 **Saturday – Keiser** 8 am till 3.00pm FREE See Presidents Post
- 14 **Coffee Catchup** 10.30am - Sycamore Tree
- 16 **RC Ivanhoe** 7.15 for 7.30am Uniting Church Hall, Ivanhoe PDG Paul Mee - Australian Rotary Health
- 16 **RC Preston** – Dr. Peter Ewer - Parklands/Urban Expansion
- 21 **RSL** 12.30 for 1.00pm– Jordy Bradley - **BANSIC**
- 28 **RIMERN** Project, 10am till 3pm – 32 Lincoln Street, East Brunswick
- 28 **Also Coffee Catchup** 10.30am – Sycamore Tree

OCTOBER

- 4 **SUNDAY** – ONJ Walk for Wellness – around The Tan
- 5 **RSL** 12.30 for 1.00pm – TBA
- 11 **SUNDAY** Lift the Lid Walk – Nation-wide Rotary Health Walk
- 12 **Coffee Catchup** 10.30am - Sycamore Tree
- 14 **Board** 6.30pm Bowlen Dunstan
- 19 **RSL** 12.30 for 1.00pm - TBA
- 24 **SATURDAY** – Bunnings Fairfield BBQ with RC Ivanhoe - Cambodia Project fundraising
- 24 **PLUS** End Polio Relay/World Polio Day
- 26 **RIMERN** Project, 10am till 3pm – 32 Lincoln Street, East Brunswick
- 26 **Also Coffee Catchup** 10.30am - Sycamore Tree

- * RSL = RSL on Bell – 180 Bell Street, Heidelberg Heights
- * OE = The Old England Hotel - 459 Lower Heidelberg Road, Heidelberg
- * Sycamore Tree Coffee Shop = 185 Burgundy Street, Heidelberg
- * Bowlen Dunstan and Associates – 38 Beetham Parade, Rosanna
- * Rotary Club of Ivanhoe - Uniting Church Hall, Seddon Street, Ivanhoe
- * Rotary Club of Preston – Darebin RSL – 402 Bell Street, Preston



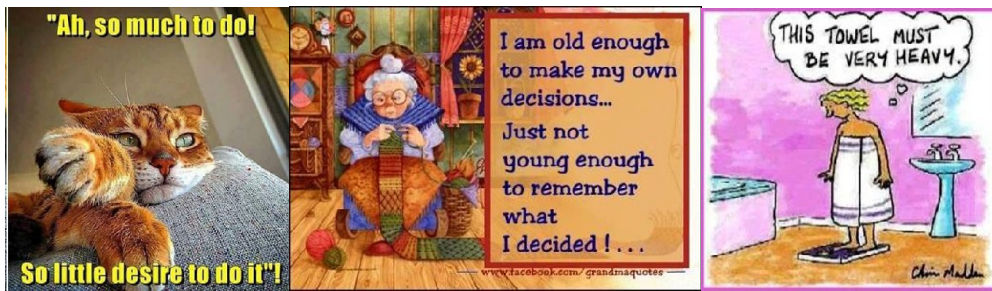
APOLOGY

**Please confirm your attendance
or apology to Ken before
9.30AM Monday
0437 770 831
ken.w.norm@gmail.com**

The Ideal Rotarian

Will laugh often and much; Wins the respect of intelligent people and the affection of children; Earns the appreciation of honest critics and endures the betrayal of friends; Appreciates beauty and finds the best in others; Leaves the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; To know even one life has breathed easier because you lived. This is to have succeeded.

Some call it humour !



That's all folks.....