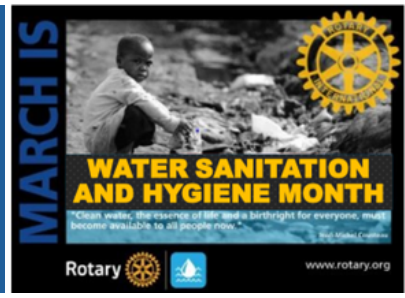


THE COG



Rotary Club of Heidelberg, Australia www.rotaryheidelberg.org P.O. Box 129 Rosanna VIC 3084

Rotary Club of Heidelberg Inc. Zone 8 – District 9790 – Club No. 18278 ABN 91 870 845 490

16th March 2026

RSL on Bell 12.30 for 1.00 pm

Rotary Heidelberg 2025 – 2026 Executive

President	Richard Luke	0428 531 024
Hon. Secretary	Peter Carr	0419 357 905
Hon. Treasurer	Geoff Cook	0407 308 171



Zone 8 District 9790

District Governor: Emma Davis

District Governor Elect: Paul Miegel

Cluster Assistant/Area Governor: Pat Solibakke

District Secretary: Rosemary Freeman

District Treasurer: Rodney Bramich

President Rotary International: Francesco Arezzo

PROGRAM 2025-26

MARCH Water Sanitation and Hygiene Month

- 16 RSL 12.30 pm for 1.00 pm. RSVP (prelim) re 25 March.
- 17 Board Meeting 6.30 pm Bowlen Dunstan and Associates
- 23 Sycamore Tree 10.30 am
- 25 Visit to Rotary Inner Melbourne Emergency Relief Network (RIMERN) (EOI “Yes/No; short or longer visit?” to Ken Norman by 16 March (for purpose RIMERN planning).
- 30 Sycamore Tree 10.30 am Special invite to partners and ‘Friends.’

* RSL = RSL on Bell – 180 Bell Street Heidelberg Heights

* OE = The Old England Hotel - 459 Lower Heidelberg Road Heidelberg

* Sycamore Tree Coffee Shop = 185 Burgundy Street, Heidelberg

* Second Bite (volunteer roster)

* Bowlen Dunstan and Associates – 38 Beetham Parade, Rosanna

* Rotary Club of Ivanhoe - Ivanhoe Uniting Church Hall, Seddon Street, Ivanhoe

ATTENDANCE

Members are reminded to advise **Ken Norman 0437 770 831 or ken.w.norm@gmail.com before **9.30 am Monday**, of their planned attendance or apology**
Ken maintains Club stats including attendance records and liaises with venues.

FROM THE PRESIDENT

N.B. Expressions of Interest (Y, N, "may be": short or longer visit) re RIMERN as above in "Program" 16 March.

Following our public holiday break, and before considering our 5th ("something different") Monday of the month, we have thanks and "recognitions" to record. From the comments heard during and following the gathering, it is clear that our recent evening meeting at the RSL, was "a hit", enjoyed it seems, by all who were there! Our guest speaker Nova gave us an interesting, informative and personal overview of her experience at the National Youth Science Forum (NYSF), held last January in Canberra, at the Australian National University. We heard of planned program activities, and informal interactions, including those typical of and inherent in Residential College life. We also saw glimpses of Nova's current school life; from training for an (the?) important, upcoming (rowing) race



("regatta?"); to her academic goals, and her school captaincy duties! Our thanks to Nova, and to her (accompanying) father, Nigel, from whom we hope to hear more (as guest speaker?), before too long! As advised, and in keeping with recent practice, we are planning to "utilize" our current, 5th-Monday of the month, to include "something different", rather than have another RSL meeting that would throw out of kilter, our regular 1/3 RSL and 2/4 Sycamore Tree schedule; that has already been "disrupted" by a public holiday.

Our scheduled visit to RIMERN (Rotary Inner Melbourne Emergency Network) is an "at last". Preliminary discussion more than 18 months ago, stalled, when organizer Susie was overseas: and it has taken a while to restart! The timing may be good, as I understand there is interest in establishing a new "opening" day: Mondays! Those interested in background to this **multi-club Rotary project** (a Rotary Centenary Project), may like to check the website: <https://www.rimern.org.au/>. "The home of domestic recycling". You will see from the program we will be at the Sycamore tree on the 5th Monday, March 30th, and there is a 'special' invitation to partners and 'Friends' to join us.

The first meeting of PALZ Melbourne North-East was held earlier this month, with an (intentionally) small initial group. Thank you to Peter Carr for helping and joining the meeting, at short notice!

Meetings are to be held monthly at La Trobe University (Bundoora Campus); and it is hoped that a Club member can be available to help visitors with parking (Visitors Car park); provide guidance to the nearby meeting room; and subsequently (if wished), listen to the guest speaker's presentation: A formal letter of appreciation and encouragement from the founder of PALZ, an international organisation for people with Alzheimer's, has been received, and is available for perusal.

Next Tuesday is Board meeting day (evening)! Paid-up members of the Club are invited to attend (if not already a regular attender, maybe a quick call to Nancy to ensure a seat is available)?

Richard L.

FROM SUSIE COLE, (RIMERN)

P.S. Thursday 12 March 2026 Email from Susie (below).

Hi Richard, Peter and Nancy,

Will we lock in Rotary Heidelberg's RIMERN morning on March 25th?

If that date suits, would you like it as just a visit/tour or as a potential working be for a few members to stay on and help out with the more experienced crew?

On Wednesdays we usually have a few Rotary Moreland and Ivanhoe members helping so you may recognise a few familiar faces.

Please let me know if you'd like us to lock it in?

Any questions, please call me on the number below.

Kind regards,

Susie

RIMERN visit? (as in previous Cog)

Hi Richard,

*Let's lock in **Wednesday 25th March** for your Club to visit RIMERN, would you like it to be part information/part working bee? If so we'd meet on site at 9.30 before we officially open, spend 30 minutes having the briefing, tour and paperwork and then the members who wanted to help would be paired up with some of the regular Wednesday Warriors to do a variety of tasks and then they'd see first hand what we get up to, see a couple/few of our clients attending for their Goods Selection Appointments and then they'd know what's involved if you became a member Club and made a monthly commitment to a Monday session, currently 10 - 1.30 but hopefully will stretch to the full*

10 - 3 when we start booking client appointments then too. The members that can't stay would be free to go from 10am.

If you wanted the working bee part to finish at 1pm that would be fine, if anyone wanted to stay for the full session (until 3pm) they'd be very welcome. If you want to bring lunches we just put them in the fridges, if you want to order sandwiches/wraps to be delivered we can help with supplier suggestions, if you want to finish helping then head out for lunch as a group then that works too.

I'll diarise the 25th and we can work on what Mondays might look like after that. Do you think the Club will entertain joining as a member Club? I've attached some information about it for you to circulate.

Looking forward to meeting Rotary Heidelberg on 25th March!

Kind regards,

Susie

SECONDBITE ROSTER

To date this year, our help has not been required and need/involvement is on a week-by-week basis: so, no need for names in the roster (yet?!). No fault on our part, just no help required!

Thank you, RL

FUNNIES

MATT



'America and the UK are now arguing in public. The Special Relationship has blossomed into a marriage'

MATT



'Is it really necessary to panic buy petrol? We have an electric car'

MATT



'It's the Commons Speaker. He suspects the PM will flee the UK and fly to some pointless foreign summit'

MATT



'When you've finished with that boat, could the Royal Navy borrow it?'